

## Routine Form Instructions

### **Juniors Competition**

Juniors routines may perform a maximum of 22 total moves which must consist of no more than 10 ball moves, 7 ring moves, and 5 club moves and must demonstrate the skills described on the WJF rules page for Juniors. If you leave out a required skill such as backcrosses, overhead throws, etc. with the specified prop that you are required to demonstrate that skill with, the absence of that skill will reflect negatively on your final score.

### **Short Programs**

You may enter up to 10 moves for either intermediate or advanced short programs.

Filling out the routine form

1. Enter the name of the competition you're entering and your name in the specified cells.
2. Click inside column "B" and select which prop you're using from the drop down menu.
3. Enter the number of props you're using for the move in column "C" For short programs, the number is fixed so just copy and paste the same number for each move. For juniors, this may fluctuate so please specify the prop type and quantity.
4. Click inside column "D" and select what class of move you'll be attempting. If you're unsure, just select basic or siteswap.
5. Describe your move in column "E"

Leave the required catches column blank. We will fill that out and return it to you with that information so you'll know how many catches will be the minimum for each move.

6. Click inside column "G" and select if the current move will be connected to the next move.

Leave the "qualify required" field blank. We will fill that out and let you know if you need to qualify a non-multiplexed continuous pattern after each move. We also may include notes regarding the possibility of bonus points for extended runs and for reentering a qualifying pattern when it's not required.

Repeat steps 2-6 for the rest of your moves.

Email the form to [wjf6@thewjf.com](mailto:wjf6@thewjf.com) and await a response. We will return your form with our notes and either request changes, ask questions for clarification, or return it approved. Please follow the instructions we provide when we respond.

### **Additional notes regarding the scoring process**

Points will not be assigned to any moves this year. We will be evaluating the difficulty of your routine as a whole and based on the planned moves in your routine form and then evaluating the execution of that routine while factoring in drops and other errors. The routine with the highest difficulty may not win if the execution is significantly flawed.

Only moves entered in your routine form will be accepted by the judges during the competition. Any moves that you do in competition that are not in your routine form will be ignored by the judges.